

Allegiance Product Spotlight

Each month we will feature one of our preferred vendor partners and their products & programs.

Register for the upcoming webinar [here](#) or scroll down to learn more about Oshi Health and how they would benefit your employees and their families.



OSHI HEALTHTM

Virtual Digestive Care — Specialized, Proven, and Available to Your Members Today

Covered through the Cigna Provider Network/Allegiance Provider Direct Network | Same-day and Next-day appointments available

Why Digestive Health?

Digestive health is one of the most prevalent and costly categories in employer benefits. The numbers tell a striking story:

70M+

Americans affected by GI diseases each year — twice the number living with diabetes

#1

reason for avoidable ER visits in the U.S.

\$136B+

Spent annually on GI — more than heart disease

61%

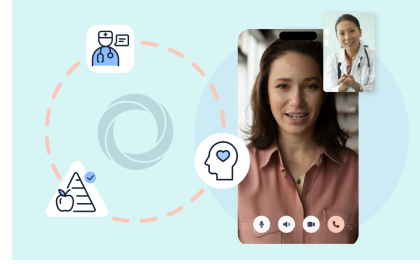
of Americans experience GI symptoms every week

Employees are suffering in silence — and traditional pathways can't keep up: wait times for a GI specialist routinely stretch 30+ days, and primary care physicians lack the time and clinical specialization to manage complex digestive conditions effectively.

What Is Oshi Health?

Oshi Health is the nation's only virtual-first, multidisciplinary gastroenterology (GI) clinic, available in all 50 states to more than 74 million people.

Oshi's integrated care model is unique, providing each member with a dedicated team working toward symptom control: board-certified gastroenterologists, GI-specialized nurse practitioners/advanced practice providers, GI-specialized registered dietitians, gut-brain specialists, and care coordinators.



It's whole-person, integrated care, not a point solution.

Conditions Treated

Oshi Health is able to diagnose and treat all GI conditions:

Common Conditions

- Irritable Bowel Syndrome (IBS)
- Acid Reflux / GERD
- Abdominal Pain and Bloating
- Undiagnosed GI Symptoms

Chronic & Complex Conditions

- Crohn's Disease & Ulcerative Colitis (IBD)
- Inflammatory Bowel Disease
- Chronic Liver Disease
- Hundreds of other GI conditions

Proven Outcomes — Backed by Clinical Evidence

Oshi Health's [2025 Impact Report](#) analyzed data from thousands of patients across all 50 states. The results are consistent, peer-reviewed, and actuarially validated — not marketing projections.

97%

of Oshi patients achieve symptom control within 4 visits

90%

reduction in moderate-to-severe symptoms during care

98%

patient satisfaction (IBD cohort)

68%

reduction in avoidable GI-related ER visits

\$6,081

average annual per-member medical savings

5 days

average wait time vs. 30+ days for traditional GI care

Members also reported 1.3 fewer missed workdays per month, a meaningful productivity benefit for employers and a quality-of-life improvement for employees.

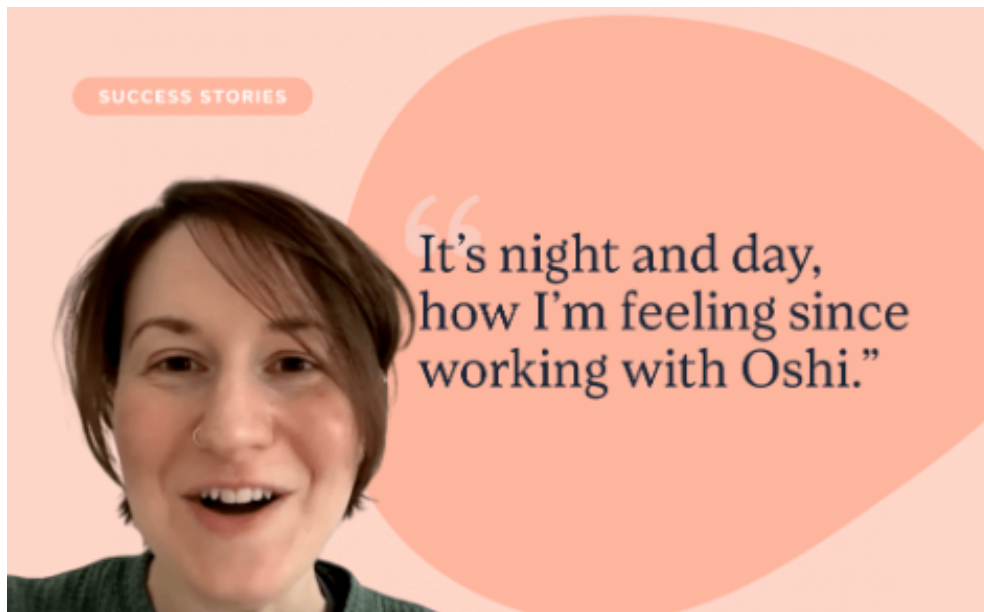
The Employer Value: ROI Guaranteed

Because of its validated, repeatable outcomes, Oshi can make a bold promise: When you partner with Oshi to engage your population, they put 100% of their fees at risk under a formal ROI Guarantee*. If your members don't achieve measurable outcomes, Oshi doesn't get paid.

**Certain conditions apply*

How Members Access Oshi Health

1. Oshi Health is available in-network through the Cigna Provider Network/Allegiance Provider Direct Network — no special enrollment required
2. Members schedule a virtual visit at OshiHealth.com/Allegiance
3. Next-day appointments are available, including evenings and weekends
4. Members pay their standard in-network cost-share (copay or coinsurance per their plan)
5. Oshi's care team coordinates directly with local GI specialists and primary care providers as needed, so care is never siloed



Ready to Learn More?

Join us for an informational webinar to learn more about Oshi Health and how they would benefit your employees and their families.

Wednesday, May 20, 2026
10:00-11:00 AM MDT

[Register for the Webinar](#)

Oshi Health is available now to your Cigna-networked members at no additional plan cost.

Contact your Allegiance Account Executive to learn more or to request member-facing communication materials.

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